HUMID ENVIRONMENT CURE AND HOMEOPHATY TREATMENT IN BURNS BY CRYOTHERAPY IN SIMPLE WARTY INJURIES

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INITIAL ASSESSMENT

Patient, 10 years old, who consulted us for presenting five 2nd degree burns with intense pain and blisters increase after treatment with cryotherapy simple recurrent warty lesions on both hands by his dermatologist.

The treatment regimen prescribed was a daily home cure by their parents with povidone iodine in 10% gel and gauze as a secondary dressing for healing.

INJURIES DESCRIPTION

- Five 2nd degree burns:
  - 4 of them with blisters.
  - 4 lesions 1 cm diameter, 3 of them on the back of his right hand and one on the back of the left hand.
  - One interdigital lesion of 5 mm diameter on the right hand.
  - Intense pain, inflammation and limited movement of his right hand.
  - Pain and swelling of the lesion and perilesional tissue of the left hand.

OBJECTIVES

- Decrease the healing time of injuries
- Reduce the risk of infection in burns
- Reduce pain of injuries
- Reduce pain in dressing changes
- Disappearance of residual wart lesion
- Prevent recurrence of the warty lesions

TREATMENT

- It began by debriding blisters and disinfecting the lesions with chlorhexidine and physiological saline.
- Cure in humid environment was applied with a silicone contact sheet and silicone foam dressing as secondary covered for managing wound exudate.
- Homeopathic treatment was prescribed with:
  - Arnica Montana 9CH 5 granules every 4 hours to reduce pain.
  - Dulcamara 9CH 5 granules every 24 hours for the treatment of warts.
  - Thuya Occidentalis tube dose once a week for the treatment of warts.
- The cures were performed every 48 hours the first week and every 72 hours the rest of the treatment.
- Arnica Montana 9CH was removed after 48 hours because the pain disappeared.
- Dulcamara 9CH was prescribed till wart lesion disappeared at day 30.
- Continues with Thuya Occidentalis a dose tube once a month to prevent recurrences.

RESULTS

- Healing of burns within 15 days without signs of infection
- Disappearance of pain at 48 hours
- Painless dressing changes
- Disappearance of the residual wart lesion at 30 days
- Currently does not present signs of recurrence of warts

FINAL STATE

8 / 5 / 2013

10 / 5 / 2013

13 / 5 / 2013

CONCLUSIONS

- The combined treatment of moist wound healing and homeopathy is effective in burns produce by cryotherapy in simple warty lesions
- Supports the disappearance of this type of pathology
- Prevents recurrence of them

BIBLIOGRAPHY

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